



THE GRANT WEEKLY
Grant High School Newsletter
October 23, 2020



Also can be viewed on our [website](#)



Dear Grant Community,

Happy Friday,

I hope everyone is enjoying the beautiful fall foliage. It's been great to see some of our students this week as they participated in the first week of optional athletic engagement. Over the course of the week, we've had students active in eight sports: Cross Country, Basketball, Football, Water Polo, Swim, Volleyball, Softball, Lacrosse. Next week we'll be adding Baseball, Soccer, Cheer, and Track and Field. A special thanks to our coaches, staff, and parent volunteers, who have come together to ensure our students have the opportunity to engage in athletics in a safe manner. All athletes are cleared and follow safety protocols before participating. The success of this week was due to thoughtful and careful planning by our talented team: new Athletic Director, Chris LaCarrubba, and Athletics Secretary, Erin Cole.

Go Generals!!!

*James McGee,
Principal*

- **[DEADLINE FOR REQUIRED YEARLY VERIFICATION - OCTOBER 31ST](#)**

The PPS deadline for completing your Yearly Verification is fast approaching. Parents are annually required to update their students' information in our Synergy system. It is vital that we have the most current information, i.e. home address, mailing address, emails, emergency contacts, etc. To do this the parent/guardian must access their ParentVUE account and then at the student screen click on "Yearly Verification is Currently Open: Begin Yearly Verification. Here is the ParentVUE [website](#) for more information. Please contact sdavis@pps.net if you need further assistance.

- **[JOIN THE GRANT PTA](#)**

Greetings and welcome back to a new and different school year. ***Please join the Grant PTA for this school year!*** Whether you attend every meeting or none, the financial support of our dues paying members make it possible for us to run our programs throughout the school year.

How to join: There are two portals through which you can sign up and pay your \$25 dues:

1) On the Grant HS webpage (<https://www.pps.net/grant>), look for School Pay in the "Quick Links" list. Once you are logged in to your School Pay account, look in the left hand sidebar for "Nonprofit Groups." Then PTA membership will appear as an option.

2) On the Oregon PTA website (<https://www.oregonpta.org/membership>), click "Join a PTA" and select Grant High PTA from the dropdown menu.

PTA Volunteer Opportunity - Teacher Appreciation Team

The PTA is seeking a few parent volunteers who would like to help with Teacher Appreciation activities this school year. This is a fun way to get involved, express your creativity, and show some love and care to our hardworking teachers and staff. Please reach out to grantptaboard@gmail.com if you would like to find out more about this opportunity.

[Mark your calendars now for the next meeting of the Grant PTA](#) Tuesday, November 10th at 6:30pm - we meet on the second Tuesday of each month. Watch this space for the Zoom link the week before the meeting. All are welcome!

- **[CONTRIBUTING TO GRANT](#)**

Grant High School is able to offer enhanced learning opportunities for students because of your support and contributions. We are very thankful for your commitment to our programs and the success of our students. Families are not required to contribute.

To contribute: Please use [SchoolPay](#). This is a PPS online web tool that allows families to make contributions without having to make a special trip to the school or send a check. It also provides the convenience of paying by Visa, MasterCard or Discover Card online. There is no additional fee for using SchoolPay. If you do not see your student's class listed, please feel free to contribute to the **Grant Classroom Support link** in SchoolPay. There is also a **General School Donation link** to support student learning and engagement.

Here is the [link](#) to a list of suggested contributions.

If you have any questions regarding SchoolPay, please contact our Bookkeeper, Darcie Papasadero, (darciep@pps.net).

- **[PICTURE RETAKE DAY, NOVEMBER 18TH](#)**
[Wednesday, November 18th - Retake Day](#)

Did you have your school picture taken and want to have it retaken? Then you'll need to attend the Retake Day on Wednesday, November 18th. If you have not yet had your school picture/ID taken you may also attend the Retake day. More information to come.

- **SCHOOL MATERIALS PICK UP DAYS AND TIMES**

If you need to pick up textbooks, library books, classroom materials, or technology a staff member will be able to help you during the following days and times (school days only). Go to the front doors for pick up. Masks required.

Monday - Friday 8:00am-9:00am or 3:15pm-4:00pm

Wednesdays 12:15pm-4:00pm

- **STUDENTS RIGHTS AND RESPONSIBILITIES HANDBOOK**

Students will be receiving a presentation on their rights and responsibilities in their Advisory in canvas this weekend. This is usually done by one of the Vice Principals in the classroom, though this year it's being posted virtually with guidelines on discipline during distance learning and access to the campus.

- **PICTURE PACKETS ARE IN AND READY TO BE PICKED UP**

We have received all school picture packets from the picture makeup day. We also have packets not yet picked up from our earlier three school picture days. If your student had their picture taken and you have not yet received their packet please stop by Grant to pick it up. Please refer to the Materials Pick Up Days and Times above to see when you can come by.

- **ATTENDANCE**

Student attendance is critical for academic success. If you know your child will be absent from a virtual learning class and there is a reason, please contact attendance at grantattend@pps.net or call 503-916-5171 and leave a message. If you have received an auto call about your student's attendance, and need to make a correction, then you need to contact the teacher(s) as soon as possible.

Attendance will be taken during both synchronous and asynchronous learning. During synchronous, or "live" instruction, attendance will be taken by being present in the class meeting. During asynchronous learning, attendance will be taken through a variety of mediums, including the completion of assignments, contacting teachers, and meeting with the teacher in small groups. GHS will notify parents/guardians via automated phone call when a student is absent without an excuse *the day following an absence*. Please make sure to stay in touch with our attendance office if your student will be unable to attend online so that we can excuse the absence.

- **TESTING**

Advanced Placement tests will be offered in May 2021 for all AP students & classes this school year. Registration is happening now. Please go to the [Grant Testing Website](#), click on AP Class & Test Registration and follow the directions completely. There is a helpful "Short Video" at the top of the page. **The deadline for first semester class exam orders has been extended to November 2.** Any families needing to complete the exam registration process for first semester classes after that date will be charged a \$40 late order fee. The other benchmarks in the registration process (creating a MyAP account, adding the classroom code) are still open if a student has not completed them.

AP testing provides the opportunity for students to earn college credit for a course in addition to their high school credit. [See AP courses offered at Grant here.](#) In order to receive the college credit, the student must show proficiency on the College Board's AP test for that subject. AP tests take place across the world the first two weeks in May. The possible scores on these test range from 1-5, if a student scores a 3 or higher, higher education institutions will often recognize this and accept it as college credit. This can be a money saver when a student goes to college as it usually reduces the courses they are required to take to graduate. A student receives their high school class credit as long as they pass the class; taking the AP test is not required.

If you have any questions please contact Joe Mitacek at jmitacek@pps.net or April Martin at amartin2@pps.net.

- **HOP PASS INFORMATION**

If you have not received your Student ID and are in need of the HOP Pass, please contact the school. If your HOP Pass is not working please contact the school, not Trimet, to help you with any issues you may have with the card. If you have lost your card please contact Trimet's Lost and Found (503-962-7655) to see if they have the card. If they do not have the card contact the school to have another one printed for you. Also, if you have a new card made and then find your old card do not destroy it, hold onto it. If you lose the new one we can always reactivate the old one. Contact April Martin at amartin2@pps.net for all HOP Pass issues.

- **ATHLETICS**



ATHLETICS UPDATE - Season 1 Workouts!

Workouts started this week in the Portland area as part of OSAA Season 1. Programming will follow all OSAA, OHA, and PPS guidelines to ensure a safe environment for all students and coaches. This is a voluntary opportunity, and in accordance with the OSAA, teams will not be formed based on a student's participation during the OSAA Season 1. In an effort to best support students and programming, our first phase of activities will only be held outdoors. Practices will be managed by PPS staff, which includes certified coaches, the athletic trainer, security services, and our Athletic Director. Exact days and times for each practice will depend on the program and will be announced on Monday, October 19th.

For a letter from Grant's Athletic Director, Covid-19 practices and registration information, please visit: <https://www.grantathletics.com/>

Athletic Academic Requirements

An athlete's eligibility to participate in OSAA sponsored sports depends, among other things, on:

- The student-athlete's grades AND
- The student-athlete making satisfactory progress toward meeting graduation requirements

Eligibility Based on Student-Athletes Grades			
Period	Eligible	Probation	Ineligible
For the previous semester	Your GPA was 2.0 or above with no F	Your GPA was below 2.0	You did not pass 5 classes, or did not pass 3 classes in a 4x4 schedule
	Your GPA was 2.5 or above with one F	Your GPA was below 2.5 with one F	
For the current quarter, or semester in a 4x4 schedule	You are taking and passing at least 5 classes, or you are taking and passing at least 3 classes		You are not taking at least 5 classes or you are not passing at least 5 classes, or you are not taking at least 3 classes or you are not passing at least 3 classes
Following a 9-week probation, or 4-week probation in a 4x4 schedule	Your GPA was 2.0 or above with no F		You completed probation and you did not pass 5 classes and/or your GPA was still below 2.0 with no F or 2.5 with one F, or you completed probation and you did not pass 3 classes and/or your GPA was still below 2.0 with no F or 2.5 with one F
Student-athletes on probation must participate in a one-hour tutorial session a minimum of three days each week during the 9-week probationary period, or 4-week probationary period in a 4x4 schedule . Once ineligible, a student-athlete cannot become eligible until the end of the next grading period (nine weeks)			
Eligibility Based on Student-Athlete Making Satisfactory Progress Toward Meeting Graduation Requirements			
PPS High Schools's graduation requirements of 24 credits	# of Credits Required	Prior To Year In School	
	4.5	Sophomore	
	10	Junior	
	17	Senior	

• **ACTIVITIES AT GRANT**
Student Clubs are Happening!

It's not too late to start or charter your club! ALL clubs are required to submit a yearly [Club Charter](#). Students can view the first release of the club video by logging in to the "Advisory" course on Canvas. This is not a comprehensive list of clubs, the full list will be posted on the website soon and additional versions of the club video will be shared as we welcome newly chartered clubs. Stay tuned for an affinity group/student union specific video

coming soon. Questions? Contact Erin McNulty (emcnulty@pps.net), Student Activities/Leadership

We are hosting another club **Q&A session** taking place from **1pm-2pm on Wednesday, October 28th**. Not all clubs have chosen to participate in this event, but the list will be posted (with links to meeting rooms) to the student "Advisory" Canvas course no later than Wednesday morning.

- **MESSAGE FROM COUNSELORS**

Here are the colleges holding visits for PPS students the week of October 26th. Students, you can now access the Zoom links in your Maia Learning account for each college visit. College visits will continually be updated in Maia. The Zoom links will no longer be emailed to you. Here is a [link](#) to the instructions if you are confused about where to find college visits within Maia Learning.

Seattle University	10/26/2020	12:00 PM - 1:00 PM
University of Richmond	10/26/2020	12:00 PM - 1:00 PM
Elon University	10/26/2020	3:00 PM - 4:00 PM
University of San Francisco	10/26/2020	3:00 PM - 4:00 PM
Savannah College of Art and Design	10/27/2020	8:00 AM - 9:00 AM
Central Oregon Community College	10/27/2020	12:00 PM - 1:00 PM
Grand Canyon University	10/27/2020	12:00 PM - 1:00 PM
Hamilton College	10/27/2020	12:00 PM - 1:00 PM
Colorado College	10/27/2020	12:00 PM - 1:00 PM
Hillsdale College	10/27/2020	3:00 PM - 4:00 PM
Occidental College	10/27/2020	3:00 PM - 4:00 PM
Emerson College	10/27/2020	3:00 PM - 4:00 PM
University of Oregon	10/28/2020	12:00 PM - 1:00 PM
Saint Martin's University	10/28/2020	1:00 PM - 2:00 PM
Otis College of Art and Design	10/28/2020	2:00 PM - 3:00 PM
Beloit College	10/28/2020	3:00 PM - 4:00 PM
Washington University in St Louis	10/29/2020	8:00 AM - 9:00 AM
Sarah Lawrence College	10/29/2020	12:00 PM - 1:00 PM
Syracuse University	10/29/2020	12:00 PM - 1:00 PM
Eckerd College	10/29/2020	12:00 PM - 1:00 PM
University of California-Santa Cruz	10/29/2020	3:00 PM - 4:00 PM
Azusa Pacific University	10/29/2020	3:00 PM - 4:00 PM

In addition, some organizations host virtual college events with a variety of colleges and universities present at one time. These events may include breakout sessions, campus tours, meet and greets, Q & A, and student panels that you can choose from. Find a list of upcoming virtual college events here and visit their websites to sign up.

If you are exploring your college options, we highly encourage you to take advantage of these opportunities. These events can help you make decisions on where to apply as well as connect you to someone at a school of your choosing that may be helpful in the future.

These sessions are designed for students only. Our recommendation to parents is to reach out to schools directly to learn more about parent opportunities by school.

- **COLLEGE AND CAREER CENTER NEWS**

1. **Tools to Build your Future recap** - HUGE thanks to all the students who participated in PPS's first virtual Career and Post-Secondary Planning event, and thanks to the families and teachers and counselors who encouraged them. Over 11,000 individual sessions were

attended and 769 of them were by Grant students. Most popular Career Awareness sessions among Grant students were Engineering, Applied Design and Health Sciences. And of the Post Secondary Planning sessions, Writing the College Essay, Planning your College Search and Common App Tips were the most popular. If you were not able to attend, you can watch recordings of all 50 sessions here: <https://www.pps.net/buildyourfuture>. Be sure to start with Superintendent Guererro's Welcome and Opening Remarks - very inspiring!

2. ACE Mentorship Program - Applications for the ACE Mentor Program of Oregon are now OPEN and student/family info sessions continue into November. This in-depth career mentorship opportunity will be virtual in 2020-21. It is open to juniors and seniors who are interested in architecture, construction and engineering, and it includes college scholarship opportunities.

Information Sessions

ACE will be hosting student & family information sessions via Zoom We will provide a program overview and answer questions. Click the date to register and get an automatic participation link.

Dates:

[Wednesday, Oct 28, 5-6pm](#)

[Tuesday, Nov. 10, 4:30-5:30](#)

Apply Now! Applications are open. Please complete the 2-part application. Applications are due Nov. 20 and sessions run January to May 2021.

1. [Oregon application](#) (updated link)
2. [National registration](#) (students new to ACE scroll down to create an account)

See our website for more information: acementoroforegon.com/students

More about ACE: ACE is an after-school mentorship that connects Portland area high-school students to careers in Architecture, Construction and Engineering. Our local program serves 150 students per year and relies on 100 volunteer mentors, all professionals in their fields, to coach students in a hands-on, team-oriented project. The program has demonstrated success in helping Oregon students graduate from high school, earn college scholarships, continue their education and make informed career decisions.

- **SENIOR CORNER**

Class of 2021 - All Yearbook Submissions are due **November 30, 2020** and must be submitted electronically. Click on the links below for submission information.

[Senior Portraits](#)

[Senior Quotes](#)

[Baby Ads](#) - DO NOT WAIT FOR THE DEADLINE to purchase your Baby Ad. There is a limited amount of space available for baby ads and they have historically sold out before the due date. Baby ads are business card sized ads that consist of a picture of your child when they were a baby along with a little message from you to them.

- **LIBRARY NEWS**

PLEASE RETURN LIBRARY/TEXTBOOKS FROM LAST SCHOOL YEAR

There are still hundreds of books that were not returned at the end of last school year or at the start of this one. We are in need of these materials so that students have the instructional materials they need for this year's classes.

If you have any books or materials that are still at home and need to be returned, they can be dropped off at the front doors of Grant any day between 3:15 - 4 p.m. (extended hours on Wednesdays are from 12:15 - 4 p.m.).

New eBooks available for check out in the Grant High School Digital Library!

The Grant Library has recently purchased 46 brand new eBook titles since the beginning of the school year. In addition, we applied for and received 10 fantastic Anti-Racist eBook titles through a grant from Hachette this fall.

Ebooks have not been an emphasis for purchase in the past, so we're creating this exciting new collection from scratch and adding titles that will benefit students academically and for pleasure reading. Some of the new titles include:

We Are Not Free by Traci Chee

Ready Player One by Ernest Cline

To All the Boys I've Loved Before by Jenny Han

Allegedly by Tiffany D. Jackson

Charming As a Verb by Ben Philippe

Stamped: Racism, Antiracism, and You by Jason Reynolds and Ibram X. Kendi

Dry by Neal Shusterman and Jarrod Shusterman

Dear Martin by Nic Stone

Salvage the Bones by Jesmyn Ward

Dragon Hoops by Gene Luen Yang

You can check them out by navigating to the [Grant Library catalog](#) and scrolling down to the eBooks carousel OR by clicking on the SORA app link at the top of the page. Use your PPS log in to access. Email Ms. Battle (pbattle@pps.net) if you have any questions about downloading eBooks.

What about physical copies of books?

Students can find directions for how to check out Library books by following this [tutorial](#). Library staff are on hand for book pickup every school day from 3:15 - 4 p.m (extended hours on Wednesdays from 12:15-4:00 p.m.) at the front doors of Grant. Face masks are required

TAG (Talented and Gifted) Program

American Mathematics Competition - registration The AMC 10A (for students in grades 10 and below) will be offered on Thursday, February 4th, and the AMC 12B (for students in grade 12 and below) will be offered on Wednesday, February 10th.

Students interested in taking one test (or both) need to sign up via this [form](#) no later than Monday, November 30th, in order to have a copy of the test reserved in their name. Registration is FREE.

USA Biolympiad (USABO) [USA Biolympiad \(USABO\)](#) is the premiere biology competition for high school students in the United States. USABO enriches the life science education of nearly 10,000 talented students annually. It provides the motivation, curricular resources, and skills training to take them beyond their classroom experience to the level of international competitiveness. After two rounds of challenging exams, twenty Finalists are invited to a residential training program where they learn advanced biological concepts and exacting lab skills at the USABO National Finals. Ultimately, four students earn the right as the USA Biolympiad Team to represent the USA at the International Biology Olympiad (IBO), a worldwide competition involving student teams from over seventy countries. Interested students can [sign up](#) for the qualifying exam which will take place on Thursday, February 11th. Registration is FREE.

Young Scholars Program - Reed College [The Young Scholars program at Reed College](#) provides an opportunity for selected high-school seniors who are ready for part-time, rigorous college study to enroll in college classes in selected subject areas.

This highly selective scholarship program allows seniors to take one college class at Reed for the full academic year while concurrently enrolled in high school. It is open to students from the metropolitan area who demonstrate outstanding academic achievement and a commitment to serious study in a particular field of interest. [Applications](#) for classes starting in January 2021 are due on December 1, 2020

For more information, check in with your counselor or contact the Reed College special programs office at (503) 777-7259 or special_programs@reed.edu

- ***HEALTH RESOURCE INFORMATION:***
 - [Catrina's Virtual Office](#) (Grant school Social Worker)

- Student Health Centers Open

The Benson Wellness Center is a Certified School-Based Health Center. We are open and ready to serve all PPS students regardless of ability to pay. Important info:

- Students are seen by appointment only: Sorry, no walk-ins
- Hours for Primary Care (medical) visits:
In person:
Tuesday afternoons 1-5
Wednesday mornings 8-12
Thursday afternoons 1-5
Virtual visits Monday-Friday 8-5
- Step 1: New patients need to first register with OHSU by calling OHSU patient registration: 503-494-8505
- Step 2: Next, schedule your appointment by calling 503-418-0409
- Directions: Located at Benson High School: 546 NE 12th in the back of the building.
Directions: From NE Irving st: head SOUTH on NE 15th Ave. Turn into the parking lot at the back of the school building. Look for signs marking the entrance to the Wellness Center.

Multnomah County Student Health Centers are open at David Douglas, Parkrose and Roosevelt high schools for in-person health services and mental health counseling this fall, while schools are engaged in distance learning. Phone and video appointments are also available. Any Multnomah County K-12 youth can access care at any center and there are no out of pocket costs.

- **MENTAL HEALTH RESOURCE INFORMATION:**

- Catrina's Virtual Office (Grant school Social Worker)

Drop In Social Emotional Support Group

- Reach Out Oregon Warmline 1 833 732 2467
Monday-Friday 12-7pm
Parents know how lonely it is to care for a young person experiencing emotional, behavioral and mental health challenges. It can be frightening and isolating. It's hard to know where and how to reach out for help and information. As caregivers, we have experience navigating challenges on behalf of our children and families. And as a community, we have much to offer one another. This is what Reach Out Oregon is all about, a supportive community where you will find a support team: Parent to Parent.
- Conversations with Spanish Speaking Latinx Families on issues of mental health: Charlas Comunitarias sobre el Bienestar y la Salud Emocional <https://www.facebook.com/charlascomunitarias/> As a resource, here are the links to past recorded workshops:
- Substance and Drug use in Latino Families & Adolescents during COVID-19
- Safe and Strong Helpline: 1 800 923 4357
Available 24/7 with interpretation
A collaboration of Oregon Health Authority and Lines for Life
This is an emotional support and resource referral line that can assist anyone struggling and seeking support. Callers do not need to be in crisis.
- Student Success and Health Department
<https://sites.google.com/pps.net/ssh-covid19/home>
- Call to Safety: If you are an adult and worried about your safety at home, 888-235-5333. Interpretation line available.
- Proyecto Unica: Spanish version of Call to Safety, 503-232-4448

- Multnomah County Crisis Services: Call Center/Crisis Line, 503-988-4888 (24 hours a day, 7 days a week). Interpretation services are available.
- National Suicide Prevention Lifeline: English, 800-273-8255; Spanish, 800-628-9454 (24 hours a day, 7 days a week). Interpretation services are available.
- Oregon Youthline: For youth to connect with other youth, text "Teen2Teen" to 839863 to instantly text with another person. Interpretation services are available.
- Trevor Project: Supporting LGBTQIA+ youth. Text "START" to 678678 or call TrevorLifeLine, 1-866-488-7386
- Trans Lifeline: Supporting trans community members, call 877-565-8860
- DHS Hotline (Oregon Department of Human Services) If you are worried about the safety of a child, 855-503-7233. Interpretation services are available.

NEWS FROM OUR SCHOOL NURSE

Immunization update

Letters have been mailed to parents whose children have incomplete immunization information. Should you receive a letter, please provide requested information as soon as possible. The school nurse is available to address any questions that you may have. If you need assistance in locating a health care provider or clinic site, please contact your school nurse. Jennifer Makinster, RN at jmakinster2@pps.net or phone 971-229-6217

Schools are required to follow immunization law, even while distance learning is taking place. Immunization exclusion letters will be going out this month. We know that many routine appointments were delayed during COVID restrictions; so, exclusion letters are being sent earlier this year to give parents time to schedule appointments.

"The American Academy of Pediatrics, and its 67,000 members, urges parents to make the decision to immunize... Vaccines are simply the best way to protect our children from these viruses and bacteria that can cause real and devastating harm." [AAP message on immunizations](#)

In addition, the flu vaccination is recommended, "to reduce the burden of respiratory illnesses and hospitalizations of children and youth and to prevent overwhelming the capacity of the US healthcare system during the COVID-19 pandemic." [CDC on Flu & children](#)

STUDENT HEALTH CENTERS

ABOUT VACCINES

- School exclusion day is coming soon
- Even during distance learning students may be excluded if their vaccines aren't current
- Bring your records

CALL TO SCHEDULE

David Douglas 503-988-3554
1034 SE 130th Ave.

Parkrose 503-988-3392
12003 NE Shaver St.

Roosevelt 503-988-3909
6941 N Central St.

Serving Multnomah County K-12 youth with or without insurance. There is never an out-of-pocket cost.

STUDENT HEALTH CENTERS

SOBRE LAS VACUNAS

- Se acerca el día de la exclusión escolar
- Incluso durante el aprendizaje a distancia, los estudiantes pueden ser excluidos si sus vacunas no están actualizadas
- Traiga sus registros

LLAME PARA OBTENER UNA CITA

David Douglas 503-988-3554
1034 SE 130th Ave.

Parkrose 503-988-3392
12003 NE Shaver St.

Roosevelt 503-988-3909
6941 N Central St.

Sirviendo a jóvenes K-12 Multnomah County con o sin seguro médico. Nunca hay un costo de bolsillo.

www.multco.us/student-health Multnomah County

• **NEWS FROM NUTRITION SERVICES**

With the announcement that Portland Public Schools is extending Comprehensive Distance Learning through at least January 28, we want to make you aware of upcoming updates to our meal service as we adjust to the coming colder weather and shorter days.

We will be pausing services at Clarendon, Sacajawea and Harriet Tubman Middle School due to low participation. The last day of service at these three locations will be Friday, October 30. Families who have been visiting these sites are encouraged to visit one of the other PPS meal sites close by or request home meal delivery.

Starting November 2, our grab-and-go curbside serving locations will be open from 3 to 4:30 p.m. every Monday, Wednesday and Friday. Some schools might shift their serving location on campus to help keep employees dry and visible. To see the full list of meal sites, please visit the Nutrition Sites During Distance Learning website.

Finally, we are reopening access to home meal deliveries, a service for PPS families that are not near a meal site or need assistance accessing meals. To request meal delivery service, please complete the request form. We continue to assess the capacity of both the Nutrition Services and Transportation departments and will keep you apprised of any updates we make to our services.

If you have any questions about our meal service, please contact us at nutritionservices@pps.net. Thank you!

Breakfast and Lunch Are Free for All Students - As the 2020-21 school year gets under way, we are excited to share news about school meals. Through our partnership with the United States Department of Agriculture, we will be able to **provide school meals for all students at no cost** at this time.

The [USDA announced](#) that it is continuing a program that made free breakfast and lunch available to all children during the summer. For Portland Public Schools, that means we will be able to **offer seven days' worth of meals every week for not just PPS students, but all Portland children ages 1-18.**

As [we announced in August](#), we have **expanded our meals sites to 38 schools** where families can pick up sacks of breakfast and lunch on select days, from 3 to 5 p.m.

Our regular meal service schedule will be:

- **Mondays:** 2 days' worth of food
- **Wednesdays:** 2 days' worth of food
- **Fridays:** 3 three days' worth of food

The complete list of meal pickup sites is available at our [Fall 2020 Meals webpage](#). Families are welcome to visit any school site for meals, regardless of whether their children attend that school. There is no need to sign up, register or provide student ID when you arrive. All sites are outside, and we ask that you wear a facemask and practice physical distancing as you pick up meals.

We will continue to inform you of any updates or changes to meal service. For more information or support, please contact the Nutrition Services department at 503-916-3399 or nutritionservices@pps.net.

- ***STATE PROGRAM OFFERS FAMILIES HELP TO PAY FOR FOOD***

As our community deals with fallout of the coronavirus pandemic, we want to make Portland Public Schools families aware of a state benefit to help pay for food. The Pandemic Electronic Benefit Transfer program, or P-EBT, is available to help families offset the cost of meals that would have been consumed at school. It is administered by the Oregon Department of Human Services.

The P-EBT benefit is available to families with a student who qualifies for free or reduced-price meals and any student enrolled in a Community Eligibility Provision (CEP) school. For those families:

- Households who qualify for the Supplemental Nutrition Assistance Program (SNAP), which offers food benefits to eligible, low-income individuals and families, will have benefits automatically deposited to their existing EBT accounts. There is no additional paperwork to submit to receive P-EBT benefits.
- Households who currently qualify for free or reduced-price meals or attend a CEP school will receive an Oregon Trail Card in the mail along with instructions on how to activate or refuse benefits. There is no additional paperwork to submit to receive P-EBT benefits.

For families not currently eligible and seeking benefits:

- Households financially impacted by COVID-19 may qualify for SNAP. See the program's website to learn more.
- Families who have experienced income loss may now be eligible for free or reduced-price school meals. Apply online at pps.net/nutrition.

For assistance with submitting a meal application, please contact the PPS Meal Benefits Office: mealbenefits@pps.net or 503-916-3402.

For Pandemic-EBT questions, please contact the Oregon Department of Human Services.

- **THE SAFEOREGON TIP LINE**

In keeping with our commitment to student safety, last October PPS joined school districts across the state in using the SafeOregon Tip Line. We want to remind you about this important resource.

SafeOregon was funded by the Oregon Legislature as part of a statewide effort to improve school safety. **It provides a secure means for anyone to anonymously report suspicious or imminently unsafe situations, such as threats of violence, fights, drugs and alcohol, weapons, bullying, harassment, intimidation or self-harm.**

Anyone, from students to parents to community members, can access the system in a variety of ways, including:

- > The "Report unsafe behavior" button found on every PPS school's website
- > The [SafeOregon website](https://www.safeoregon.com/) <https://www.safeoregon.com/>
- > A live call/text (844-472-3367)
- > An email to tip@safeoregon.com
- > The mobile app that can be downloaded from your Smart Phone via iTunes or Google Play

Trained staff are available 24 hours a day, 365 days a year, to respond.

Please be sure to share this information with your friends and family. Remind your students: **If you see or hear something, say something – immediately.**

- **PPS STUDENT AND FAMILY SUPPORTS**

With the challenging times we all find ourselves in, PPS is particularly committed to ensuring our students and families are supported in a variety of ways. Staff from across all Portland Public Schools departments came together this summer with our culturally specific community partner organizations to build a detailed plan that reflects the needs of those we

serve. We are very pleased to share with you today the [PPS Menu of Student and Family Supports](#).

This menu shows what we are currently offering to students and families and is listed by school. The menu includes details about:

- Academic Supports
- Belonging and Connection Services
- Family Supports and Resources
- Culturally Specific Supports

The menu will be updated regularly. It is currently being translated and will be available soon in all PPS-supported languages.

- ***GUN SAFETY FOR STUDENTS AND TEEN SUICIDE PREVENTION***

Encouraging families to securely store their guns can save a student's life, especially during times of social isolation. Parents can get free gun locks from the Multnomah County Sheriff's Office and the Portland Police Department.

Information about gun safety:

<https://besmartforkids.org/>

<https://projectchildsafe.org/parents-and-gun-owners>

Information about teen suicide;

<https://www.oregon.gov/oha/ph/PreventionWellness/SafeLiving/SuicidePrevention/Pages/pla>

[n.aspx](https://www.oregon.gov/oha/ph/PreventionWellness/SafeLiving/SuicidePrevention/Pages/pla)

<https://www.hsph.harvard.edu/means-matter/>

- ***2020-21 SCHOOL DISTRICT CALENDAR***

Posted on the [district website](#)

- ***ADDITIONAL COMMUNICATION TOOL***

PPS has shifted family, student and staff communication to a new tool that gives schools the ability to send texts about emergencies, closures, delays and other important news. To receive text notifications, you must opt in to the service. **You opt in by texting YES to 68453.** Parents and students should confirm their cell numbers listed in the student information system. Staff should confirm their cell numbers are the “primary” number in the PeopleSoft system. For more information about texting, go to www.pps.net and click on the “Mobile First” button.